

Sunday School Opening

November 13, 2022

Jon Hardinger

Verses for the Week to tell you about

- You therefore, my son, be strong in the grace that is in Christ Jesus. The things which you have heard from me in the presence of many witnesses, entrust these to faithful men who will be able to teach others also. Suffer hardship with me, as a good soldier of Christ Jesus. No soldier in active service entangles himself in the affairs of everyday life, so that he may please the one who enlisted him as a soldier. Also if anyone competes as an athlete, he does not win the prize unless he competes according to the rules. The hard-working farmer ought to be the first to receive his share of the crops. Consider what I say, for the Lord will give you understanding in everything.
- 2 Timothy 2:1-7 NASB

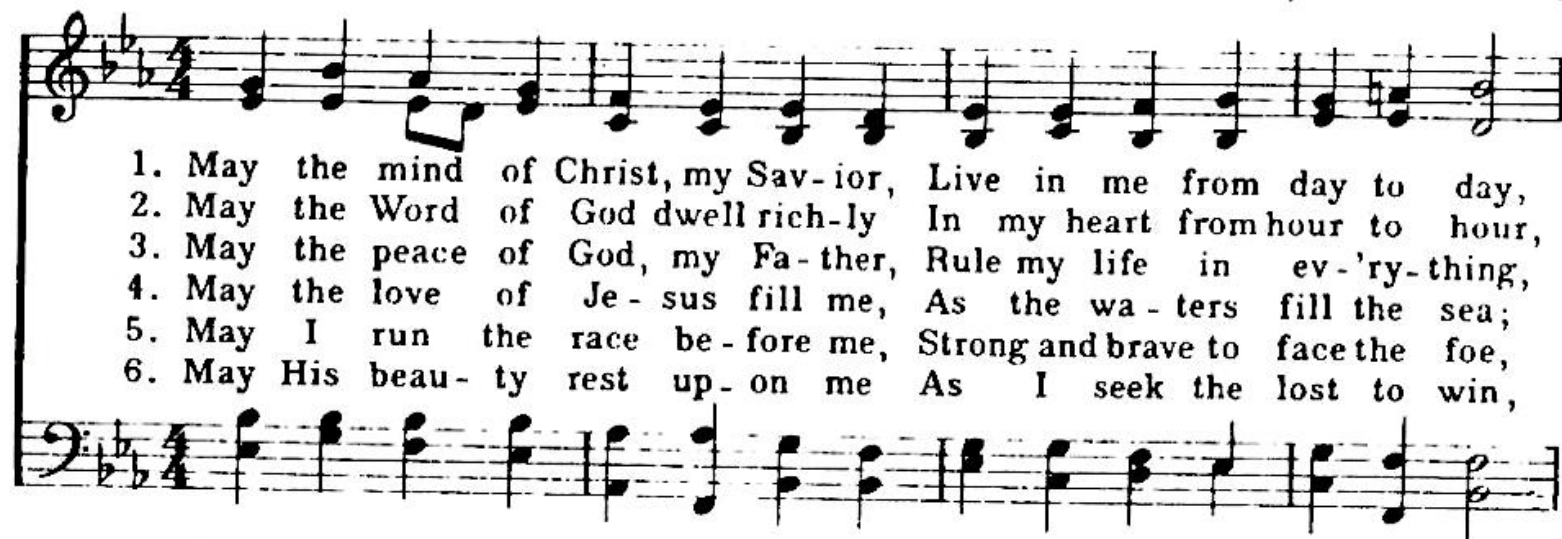
Making Melody: The Holy Spirit helped the author to write,
and put music to it, and now helps us sing it.

- #441 “May The Mind of Christ my Savior.”
- Barham-Gould (1891-1953) attended Ridley Hall at Cambridge, and became an Anglican priest in 1927. He was Curate of All Souls’ Church, Langham Place (1927-29), and Holy Trinity Church, Brompton (1932-36) and Vicar of St. Paul’s, Onslow Square (1936-53).

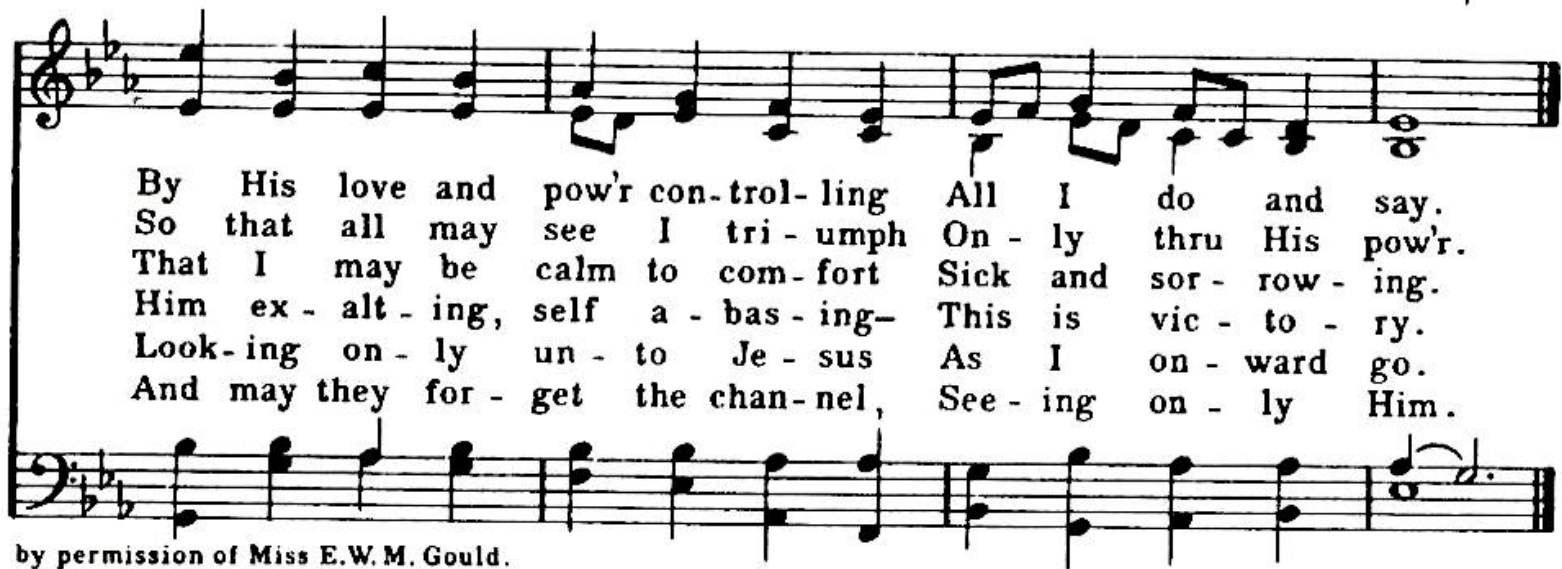
May the Mind of Christ

Kate B. Wilkinson

A. Cyril Barham-Gould



1. May the mind of Christ, my Sav-ior, Live in me from day to day,
 2. May the Word of God dwell rich-ly In my heart from hour to hour,
 3. May the peace of God, my Fa-ther, Rule my life in ev-'ry-thing,
 4. May the love of Je-sus fill me, As the wa-ters fill the sea;
 5. May I run the race be-fore me, Strong and brave to face the foe,
 6. May His beau-ty rest up-on me As I seek the lost to win,



By His love and pow'r con-trol-ling All I do and say.
 So that all may see I tri-umph On-ly thru His pow'r.
 That I may be calm to com-fort Sick and sor-row-ing.
 Him ex-alt-ing, self a-bas-ing- This is vic-to-ry.
 Look-ing on-ly un-to Je-sus As I on-ward go.
 And may they for-get the chan-nel, See-ing on-ly Him.

Hearing the Word Sung

- I often hear a song in my head without singing out loud. What is going on in my body and brain when this happens? A podcast I listen to regularly, a neuroscientist, explained that minute vibrations still occur in the vocal folds too faint to even be aware of, less hear. Undetectable humming, songs, thoughts and sounds are still there, helping to reinforce them to ourselves.
- Reference: Dr. Erich Jarvis and Vocal Communication Episode 87 The Huberman Lab.
- But we don't want just any thought, use self control.

Self Control

- See Galatians 5:23, 2 Timothy 3:3, Titus 1:8, 1 Peter 1:6 for self control in our minds and actions. Lack of it 2 Timothy 3:3
- Galatians 5:23
- gentleness, self-control; against such things there is no law.
- 2 Timothy 3:3
- unloving, irreconcilable, malicious gossips, without self-control, brutal, haters of good,

Edify yourself, edify others including in church. 1 Corinthians 14:1-19

- Sample from Verse 9
- “So also you, unless you utter by the tongue speech that is clear, how will it be known what is spoken? For you will be speaking into the air. There are, perhaps, a great many kinds of languages in the world, and no kind is without meaning.”
- With self control, we edify ourselves, and then having done that, share it with others.

Getting out those sounds.

- In order to actually sing or speak, air must flow, and sounds are created by powerful explosions where the larynx muscle holds the air until just the right time it rushes out. Of these types, one is called “plosions” and a second type called “fricatives.”

Definition of two types of sounds.

- **Plosives** are the kinds of sounds usually associated with the letters *p, t, k; b, d, g*, in which air flow from the lungs is interrupted by a complete closure being made in the mouth.
- **Fricatives** are the kinds of sounds usually associated with letters such as *f, s; v, z*, in which the air passes through a narrow constriction that causes the air to flow turbulently and thus create a noisy sound.

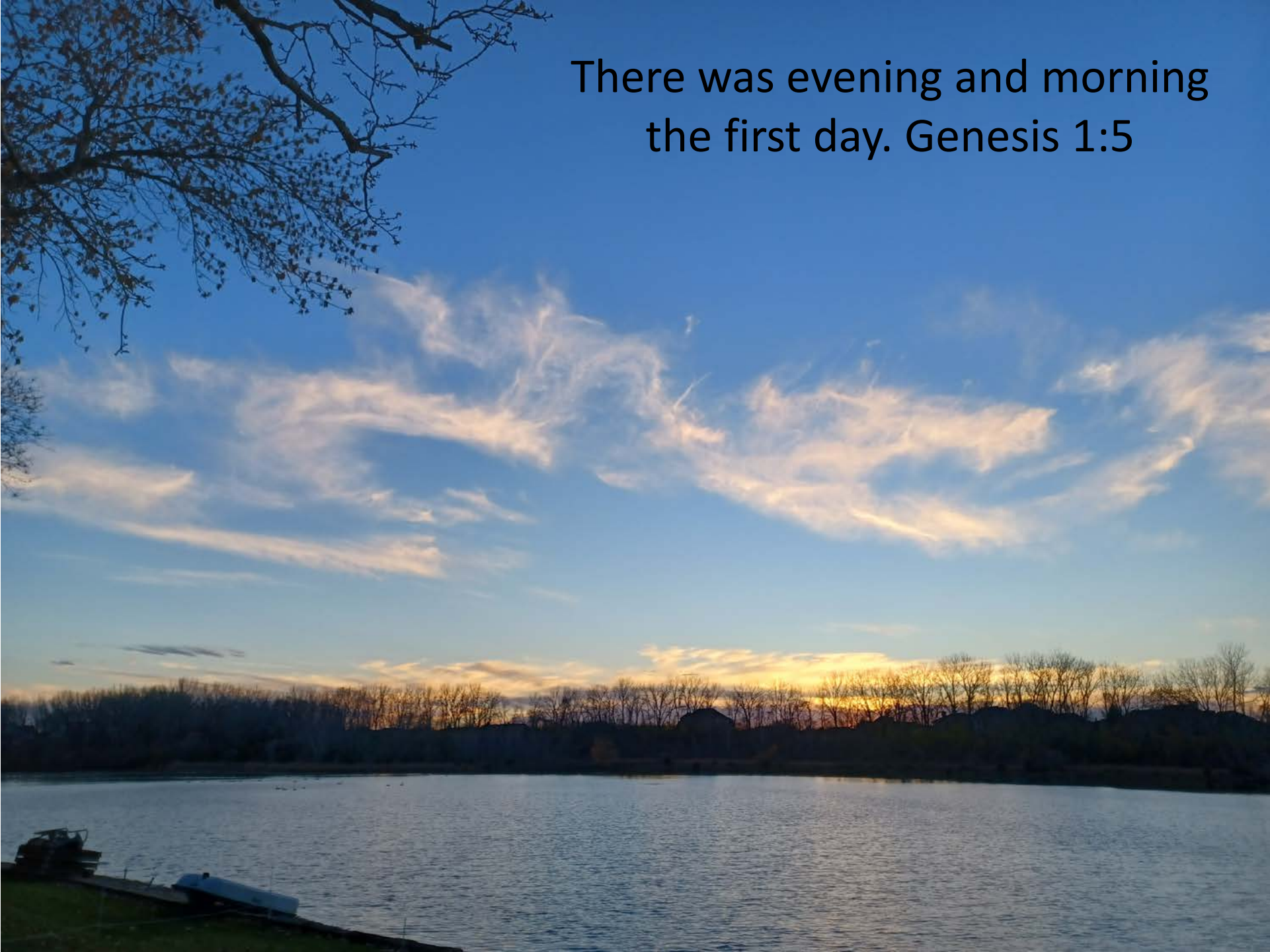
Bible Breath

- “Then the Lord God formed man of dust from the ground, and breathed into his nostrils the breath of life; and man became a living being.” Genesis 2:7
- “Behold, I, even I am bringing the flood of water upon the earth, to destroy all flesh in which is the breath of life, from under heaven; everything that is on the earth shall perish.” Genesis 6:17
- “And when He had said this, He breathed on them and said to them, “Receive the Holy Spirit.”” John 20:22

A word spoken:

- Let the word of Christ richly dwell within you, with all wisdom teaching and admonishing one another with psalms and hymns and spiritual songs, singing with thankfulness in your hearts to God. Whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks through Him to God the Father. Colossians 4:16-17
- Let your speech always be with grace, as though seasoned with salt, so that you will know how you should respond to each person. Colossians 4:6

There was evening and morning
the first day. Genesis 1:5



Enough about our voice, lets have His Voice

- John 12:20 “This voice has not come for My sake but for your sakes.”
- Revelation 1:12 “Then I turned to see the voice that was speaking with me. And having turned I saw seven golden lampstands;”
- Mark 1:11 “And a voice came out of the heavens
- Matthew 27:50 “And Jesus cried out with a loud voice, and yielded up His spirit.”



The heavens are telling of the glory of God; And their expanse is declaring the work of His hands. Day to day pours forth speech, And night to night reveals knowledge. There is no speech, nor are there words; Their voice is not heard.

Psalms 19:1-3